

Farmingdale Aquatics

A DIVISION of FARMINGDALE YOUTH COUNCIL
Farmingdale Public Schools



September 2008

Dear Parents & Swimmers:

Welcome! Farmingdale Aquatics (FA) is primarily a self-sustaining organization with membership in the Farmingdale Youth Council, Metropolitan Swimming and United States Swimming Organizations. We operate under our own set of by-laws as well as under the rules and regulations of each aforementioned organizations. Swimming is year-round training sport with vacations and rest periods built in. Combining exercise, skills and competitive challenges. FA is a rewarding program for your child to join and for you to give your support. We participate in United States Swim sanctioned meets at various locations in the Long Island and Metropolitan areas. The purpose of the club is to develop a swimming environment that builds confidence and team spirit. Our coaches are certified and will encourage your child to swim to the best of their ability.

PRACTICE TIME/SCHEDULE: FA coincides with the Farmingdale School District calendar, which means we swim only when school is in session.

Practice schedules are as follows:

Pre-Team: Wednesdays 7-8pm, & Saturdays 5-6pm

Developmental : Monday, Tuesday & Thursday 6:30-7:30, Wednesday 7-8pm
& Saturday 5-6pm

Intermediate: Monday & Friday 6:00-7:30pm, Tuesday & Thursday 6:30-7:30,
Wednesday 6:30-8:00 & Saturday 4-5

Jr. Team: Monday-Friday 5-7pm & Saturday 4-5pm

Sr. Team: Monday thru Friday 5-7pm & Saturday 4-5pm

Practice times & schedule are subject to change as directed by Farmingdale School district, Varsity Swim Meets, and enrollment of Adult Ed Courses. Every attempt will be made to notify you of new swim times, either via memo, email or website.

Monthly calendars with practice times are distributed at practice & are also available at www.farmingdaleaquatics.com. There are no make-ups when practice is cancelled. During Sept/Oct & Dec/Jan there are Jr. High Meets and H.S. meets which may force us to cancel. Please check your calendar and/or website.

POOL CLOSINGS ??: If for any reason the Farmingdale School District cancels after-school programs, there will be **no swim or meetings**. Channel 12 news & local radio stations will have listings. Information as to closings will be handled by E-mail and through our website www.farmingdaleaquatics.com.

BOARD OF DIRECTORS: FA functions through a board of directors, which is elected by the parents & the committee chairpersons. Aside from the coaching staff, the club is a volunteer organization. Parent meetings are held to discuss upcoming events, new ideas and answer questions. Your input and support are an important asset.

DROP-OFF & PICK-UP POLICY: We ask swimmers to arrive on time as it is not fair to the coaches and fellow team members if you are late. **Parking is not allowed in circle by pool parking lot.** This area is a fire zone. All swimmers must be picked up on the pool deck. No child will be allowed to leave alone or to wait unsupervised in the pool lobby downstairs. Your child's safety is always a priority to us. A coach will stay until all swimmers are picked up. If you have an emergency and cannot arrive on time, please call the pool at **516-752-6649** to let the coach know. If your child needs to be picked up early, please send a note with your child stating the time you will be picking them up.

PARENTAL SUPPORT & INVOLVEMENT: Participating in the events and workings of the club is a great way to share in your child's interests, while supporting & encouraging them & promoting team spirit. It also contributes to the general health & success of the club. ***The Board cannot do it alone.*** We look forward to receiving your assistance, in whatever way you can, to help us make this a fun experience for your child. We will also need assistance with people to coordinate phone chains (in the event pools closes last minute, inclement weather, or emergencies) Anyone who would like to help (coordinate events, trips or assist with our holiday or end-of-year parties) - please sign up! For more information, feel free to contact Barbara Blair-Reade 516-795-5579, via e-mail from the website at www.farmingdaleaquatics.com, speak with any Board member, or let us know at our ***Parent's meeting on Monday, September 29th - 6pm at the High School cafeteria.***

TEAM APPAREL: The club will supply all swimmers with a team swimsuit, cap & goggles. T-shirts are available to order at registration and during the year. We require our swimmers to wear FA apparel at swim meets. Parents can also purchase and wear t-shirts to show your kids you are proud of FA. Our vendor for most items will be Swimmer's Choice located in Plainview.

SWIM MEETS: Swim meets are held in the Long Island Metropolitan area. Upcoming meet information will be supplied and available on www.farmingdaleaquatics.com. The coaches decide on the events swimmers swim. A minimum of ten swimmers are needed to attend a meet. Plan to arrive at meets 15 minutes earlier than warm-up time (allow time for getting lost). If you are late, you will be scratched from the meet. Swimmers compete with swimmers in their age category: 8 & under, 9-10, 11-12, 13-14, 15 & over. A meet schedule will be distributed at our parents meeting. Your swimmers attendance at each meet must be determined soon after.

TUITION/PAYMENT SCHEDULE: Tuition/payment schedule for the 2008/09 season are as follows -

Jr/Sr Team swimmers:

\$1000 per session + \$150 Meet Fee Due in full at registration

Varsity/JV Swimmers:

\$700 per session + \$150 Meet Fee Due in full at registration

Developmental/Intermediate swimmers:

\$650 per session + \$100 Meet Fee Due in full at registration

Pre-Team swimmers:

\$300 per session Due in full at registration

***The Farmingdale Youth Council requires families living outside of the school district to pay an Out of District fee of \$60 per family, checks payable to Farmingdale Youth Council. This is not a Farmingdale Aquatics Club fee and is payable at registration.**

Please make your payment on time. If payment is late, there will be an additional late charge incurred of \$25. Your child will not be allowed to swim without payment after due date. All final payments on any payment plans are due by Jan 30th, 2008

NEW SWIMMER'S TRIAL PERIOD: There is a two week tryout period for new swimmers. Your child attends practice for 2 weeks. If your child does not wish to continue swimming within the two week period, contact Ashutosh Gupta at 516-586-4056 for a refund check, less a \$25 tryout fee.

QUESTIONS ???: The coaches & Board will always try to address your questions and concerns. Coaches Eric, Bruce, Kirkland, Debbie and Bill can answer questions regarding swimming in the pool & at meets, but not to be discussed while practice is in session & swimmers are in the pool. Team apparel, parties & meet info can most often be found on our website, www.farmingdaleaquatics.com, or directed to any Board member. Payment questions should be directed to Ashutosh Gupta at 516-586-4056. All other concerns may need to be discussed at a board meeting.

On behalf of the Farmingdale Aquatics, we welcome all our new swimmers & welcome back all the returnees. Your support & involvement is greatly appreciated. We look forward to a prosperous year.

Sincerely,

Board of Directors & Coaches
Farmingdale Aquatics

**PLEASE MAIL THIS FORM IN WITH REGISTRATION
FORM AND PAYMENT**

**Contract for Swim Season 2008-2009
& Medical Form**

I have read the terms and conditions of this registration, and I agree to pay in full tuition as stated for the 2008-2009 Swim season.

I hereby authorize and approve of my child's participation in the Farmingdale Aquatics and know of no physical disabilities or illnesses which would interfere or prevent his/her participation. I do hereby waive, release, indemnify, and agree to hold harmless or responsible the Farmingdale Aquatics, its Board Members, its sponsors, representatives and participants for any claim arising out of injury to my child, whether the result of negligence or for any other cause, except to the extent of their liability insurance for this activity.

I give the Coaches and Board Members permission to seek medical aid for my child in my absence and understand that the USS Group Insurance is a secondary policy, which has a deductible, and that I am solely responsible for payment of that deductible.

Please note below any physical handicaps or medical problems or allergies for your son/daughter below:

I acknowledge that my child, _____, is medically cleared to participate on this team.

Signed _____ Date _____

Code of Conduct

The following rules constitute the Farmingdale Aquatics team code of conduct applicable to all club members and their parents. Any reference to "you" shall include each FA member and his or her parents. All members of the FA are members of USA Swimming. Therefore, the USA Swimming Code of Conduct set forth in Section 304.3 of Article 304 in the USA Swimming Rules and Regulations constitutes Rule 1 of the FA code of conduct. Any violation of the USA Swimming Code of Conduct shall be a violation of the FA code of conduct. To the extent any rule below conflicts with any provision of the USA Swimming Code of Conduct, the provision of the USA Swimming Code of Conduct shall prevail.

2. You should conduct yourself appropriately at all times, including: display good sportsmanship, being safety conscious on deck and in the pool, respecting the facilities we use and the property of others.
3. Parents who are not performing an official USS or Club function are not allowed on deck at any meet or practice.
4. You should treat coaches, club officials, administrators and other swimmers with courtesy and respect: foul or offensive language should never be used; negative or derogatory comments should be avoided.
5. When registering a complaint, you should wait 24 hours from the incident before bringing it to the attention of the coach, club official, or administrator. The purpose of this "24 hour rule" is to provide a cooling off period for all concerned.

Violations of the rules will result in disciplinary action. Such discipline may include, but not be limited to:

First Violation: Written warning from coaches requiring signatures from swimmers and parents.

Second Violation: One-week suspension from the team.

Third Violation: Swimmer's case will be presented to the FA Board with recommendation of immediate dismissal from the team with no refund of fees.

While attending an FA function or competition, unlawful possession or use of alcohol, drugs or other contraband may constitute grounds for immediate dismissal from club membership.

I, the undersigned, and my child, having read the above rules, do hereby agree to abide by the code of conduct that which has been set forth by the Board of directors and the Coaching staff of Farmingdale Aquatics

Print child's name

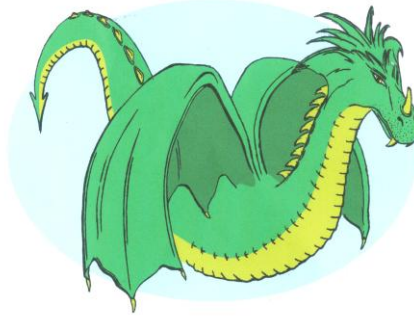
Child's signature

Date

Print Parent/Guardian name

Parent/Guardian's signature

Date



FARMINGDALE AQUATICS

WAIVER FORM

(photos * video * artwork* profiles * stories)

Farmingdale Aquatics has my permission to use my photograph, likeness, artwork, profile and/or story in any future publication, web site, web pages and other promotional materials produced, used by and representing Farmingdale Aquatics. I understand the circulation of the materials could be worldwide and that there will be no compensation to me for this use.

Signature

Date

Parent Signature

Date

Print Name

Permanent Telephone
Number

COACHES

Eric Hertenstein
Head Coach

Bruce Pye
Assistant Coach

Bill Manton
Assistant Coach

Deborah Manton
Assistant Coach

Kirkland Lewis
Assistant Coach

BOARD MEMBERS

2008/2009

Virginia Boccio
President

Deborah Manton
Vice President

Jennifer Lee
Secretary

Ashutosh Gupta
Treasurer

Jane Brandt
Arnold Rosenbaum
Assistants to Treasurer

Maria Petkanas
Concetta Caracciolo
Julie Kiernan
Richard Riggio
Jane MacKenzie
Teresa Flaherty
Board Trustees

Barbara Reade
Team Manager

Tom Mee
Webmaster

Farmingdale Aquatics Swimmer Information Sheet

Last Name: _____ First Name: _____

Address: _____ Town & Zip: _____

Home Phone # _____

Gender (M or F): _____

DOB (MM/DD/YY): _____

Age: _____

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Parent Information

Father's Name: _____ Mother's Name: _____

Same address as Child? (Y/N) _____ If NO, fill in below (specify mother/father): _____

Address: _____ Town & Zip: _____

E-mail Address: _____ Home No: _____

Father's Work No.: _____ Father's Cell No.: _____

Mother's Work No.: _____ Mother's Cell No.: _____

Emergency Contact: Name _____ Phone # _____

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Medication

Medications both OTC and Prescribed Taken on a regular bases and reasons for: _____

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Consent of the Parent or Guardian

I, THE UNDERSIGNED, being the parent or guardian of _____

Do hereby grant permission for his/her participation in all activities, athletic or otherwise, sponsored by Farmingdale Aquatics and waive, release, indemnify and agree to hold harmless or responsible Farmingdale Aquatics, its Board Members, sponsors, representatives and participants for any claim arising out of injury to my child, whether the result of negligence or for any other cause, except to the extent of their liability insurance for this activity.

Date _____ Signature of Parent or Guardian _____

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Payment Information

Team (Jr & Sr) \$1000 (Cash/Check) Check Number _____

Developmental/Intermediate \$650 (Cash/Check) Check Number _____

Pre-Team \$300 (Cash/Check) Check Number _____

JV/Varsity \$700 (Cash/Check) Check Number _____

Youth Council Fee (out of district) \$60 (Cash/Check) Check Number _____

Meet Fees \$100-Dev/Int \$150-Jr/Sr/Var (Cash/Check) Check Number _____

Registered by: _____ Date _____ Swim Suit size _____

Comments: _____